

Weekly Newsletter



Published: May 20, 2022

mental health awareness month



Inside This Issue:

Prayer List.....	2
Annual Multifaith PRIDE Celebration.....	2
Upcoming Events	3
Recurring Events	3
Panorama Needs Your Help!	4

5 MINUTES mental health check

Do I have enough sleep?

What am I feeling right now?

Did I show myself and others kindness?

Do my muscles need stretching?

Do I drink enough water?

Am I eating healthily and regularly?



KEEP CALM
AND
PRAY

We lift up these names to God, in hopes that their needs will be met:

- The Unkraut Family
- Debra Zeis
- Diane Fiebler
- Harper
- Kathy Lybrook & Family
- Hunter Hollingsworth
- Sharon Simonds
- Pauline Hurst
- Margie Blackburn
- Lonnie Kidd
- Gail Vaught
- ◆ Family & Friends of Bob Elkins

PRAYER LIST

ANNUAL MULTIFAITH PRIDE CELEBRATION

Written by: Rev. Tracy Siegman

We are so excited to invite you to our annual Multifaith PRIDE Celebration event. This event is co-hosted by over 30 faith-based/belief-based organizations from the Greater Cincinnati/Northern Kentucky area. Additionally, this is an official Cincinnati Pride, Northern Kentucky Pride, and Lawrenceburg, Indiana Pride event.

- Doors open at 6:30 PM with refreshments (non-alcoholic beverages and snacks).
- Service starts promptly at 7 PM. Snacks and beverages are to be served after the event as well.
- Our featured guest for the evening is Pastor Lesley Jones from Trust & Destiny.

Please join us for this affirming, inclusive, and heart-centered celebration for PRIDE month 2022!!!

Find the event on Facebook by [clicking HERE](#).

THURSDAY, JUNE 23, 2022



PRIDE MULTIFAITH CELEBRATION



With peace we share, heal, connect & love.



FEATURING:
**PASTOR
LESLEY JONES**
SR. PASTOR, TRUTH & DESTINY

DOORS OPEN AT 6:30PM
SERVICE BEGINS AT 7:00 PM

HEBREW UNION COLLEGE
3101 CLIFTON AVE
CINCINNATI, OH

SNACKS & BEVERAGES
BEFORE & AFTER THE EVENT



UPCOMING EVENTS

DATE	EVENT NAME	EVENT DETAILS
Sunday, June 12th 2:00 PM	FCC Book Club	The current book selection is “Four Winds” by Kristen Hannah. This will be an online discussion. Please contact the church office if you would like a link to join the Zoom meeting.
Thursday, June 23rd 6:30 PM	Annual Multi-faith PRIDE Celebration	Doors open at 6:30 PM with refreshments (non-alcoholic beverages and snacks). Service starts promptly at 7 PM. Snacks and beverages are to be served after the event as well. Our featured guest for the evening is Pastor Lesley Jones from Trust & Destiny. Please join us for this affirming, inclusive, and heart-centered celebration for PRIDE month 2022!
Thurs-Sat, 11/03-11/05	Regional Assembly 2022	The Regional Church of Kentucky will gather in Georgetown this fall. The Assembly team is planning for a feast of workshops, fellowship, worship, and prayer. They are also preparing a digital assembly experience for those who cannot make it to Georgetown.

RECURRING EVENTS

DATE	EVENT NAME	EVENT DETAILS
Sundays 10:45 AM	Morning Worship	Join us in-person or from home during our live-stream!
Tuesdays 2:00 PM	Women's Bible Study	Join the weekly Zoom call for a prayer and Bible study session! Please contact the church office for the Zoom link if interested.
Saturdays 5:00 PM	Community Dinner	We prepare and serve a community dinner every Saturday and are always looking for volunteers! Contact Sheri Jackson to get involved.

PANORAMA NEEDS YOUR HELP!

Written by: Sue and Steve Rehfuss

We are so thankful for those who donate food to the folks at Panorama and the pantry is very empty again. Please purchase any of the items listed. With the cost of food soaring, the food gifts are needed!

Pudding, Spaghetti and sauce, Cans of ravioli, lasagna, beefaroni, Saltine, Ritz, or Club crackers, Cans of vegetables (no corn), Cans of beef stew, Canned meat..tuna..chicken, Small jars of peanut butter, Boxes of mac and cheese, Soup..all kinds, Ramen noodles, Packages of instant rices, noodles, potatoes, Small boxes of cereal.

Please bring food to church or call Sue and Steve to arrange a pick-up at 859-817-1263.

Thanks so much for your help!!

Welcome Wholly. Love Authentically. Share God's Grace Abundantly.

First Christian Church

14 W 5th Street
Covington, KY 41011

Phone: (859) 431-3904

Email:
firstonfifthcc@gmail.com



Visit our website

<https://firstchristiancovington.org>



Your
donations
can really
make a
difference.

cans of ravioli, meat (tuna,
chicken, etc.), vegetables,
soups

crackers, peanut butter, mac
n' cheese, ramen, cereal

instant foods (rice, noodles,
potatoes, etc.)



Donate
now to help
feed our
community.